



**DAMEK**

· TAEKWONDO CLUB ·

FOCUSED MIND. FEARLESS SPIRIT

# General Information

**Organizer: Damek Taekwondo Club**

**Contact: [damektaekwondo@gmail.com](mailto:damektaekwondo@gmail.com)**

**Website: [www.damektd.com](http://www.damektd.com)**

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**VENUE: Christabel Schools**

**DATE: MAY 1ST - 2ND**

**Zone B3, Plot 649, off Idris Gidado St Wuye, Abuja**



# DAMEK OPENS <sup>U-17</sup> 1st edition



Tournament date

**MAY 01 - 02**

**Registration period: April 6 - 23**

Featuring

- Kyeorugi
- Pair Poomsae
- Individual Poomsae
- Team Poomsae

**Reg. Capacity: 150 Kyeorugi athletes**

This document outlines the official rules, regulations, and procedures for all participants in the Damek opens. All individuals for the event must adhere to the guidelines below.

## 1.0. ATHLETE ELIGIBILITY

**Age Requirement:** Athletes must be born between January 2009 and December 2021, making them between 5 and 17 years old.



## 2.0 COACH DRESS CODE & CONDUCT

Coaches must maintain a professional appearance and demeanor at all times within the competition and warm-up areas.



Permitted Attire: Athletic attire, team tracksuit, or business attire.

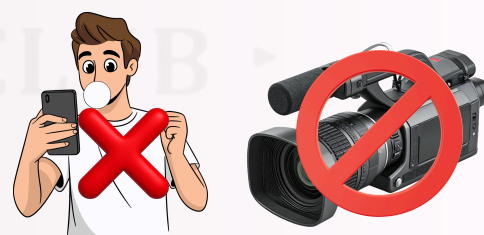


Prohibited Attire: Jeans, doboks, caps/hats, heels, and sandals. Only closed footwear is allowed.



### Professional Conduct:

Chewing gum and the use of electronic devices (e.g., cell phones, PDAs, video cameras) are not permitted in the competition area.



Semi-Final and Final Rounds: All coaches are required to wear a sports coat or suit for this event.



### 3.0 UNIFORM & EQUIPMENT

- **Provided Equipment:** Headgear and chest protectors (PSS) will be provided by the organizers.
- **Athlete's Responsibility:** Athletes must bring and wear their own:
  - World Taekwondo recognized uniform
  - World Taekwondo recognized protective equipment (shin, forearm, and groin guards)
  - Mouthpiece, gloves, daedo sensor socks.
- **Mats:** World Taekwondo recognized mats will be used.



### 4.0 ATHLETE INSPECTION

Athletes must complete a uniform and equipment inspection before competing.

- **Process:** Athletes are responsible for reporting to the Inspection Desk on time with their uniform and all mandatory equipment.
- **Timing:** Failure to report to the Inspection Desk at least two (2) matches prior to your scheduled match may result in disqualification.  
**Note:** Athletes receiving medical attention will not be considered checked in.

## 5.0 WEIGH-IN

- **Schedule:** The general weigh-in for athletes will take place a day before their respective weight category competition. Please refer to the competition schedule.
- **Requirement:** There will be **NO EXEMPTIONS** to the published weigh-in times. Athletes must present their event accreditation at weigh-in.
- **Random Weigh-In:** There will be no random weigh-ins at this event.

## 6.0 ACCREDITATIONS

- **Access:** A valid event accreditation is mandatory for access to the competition area and the warm-up area.
- **Compliance:** By accepting and/or downloading an accreditation, all individuals (athletes, coaches, officials) agree to comply with all Field of Play regulations.
- **Access Rights:** Only athletes and their accredited coaches are permitted in the contest areas.

## 7.0 EVENTS

This section outlines the specific rules and categories for the Poomsae competition at the Damek Event.

### 7.1. POOMSAE INFORMATION

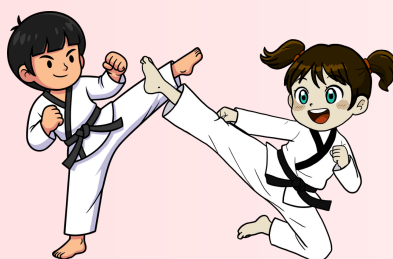
#### 7.1.1 Individual Poomsae

Individual Poomsae competitions are divided into the following age categories:

Category	Male	Female
8 years and below	Taegeuk IL , Ee & Sam Jang	Taegeuk IL , Ee & Sam Jang
9 - 12 years	Taegeuk Sam, Sah & Oh Jang	Taegeuk Sam, Sah & Oh Jang
13 - 15 years	Taegeuk Sah, Oh, Yuk	Taegeuk Sah, Oh, Yuk
15 years and above	Taegeuk Yuk, Tchil, Pal jang	Taegeuk Yuk, Tchil & Pal jang

#### 7.1.2 Pair & Team Poomsae Categories

- **Age Divisions:** Pair and team Poomsae events have two age categories: Under 12 and Over 12.
- **Team Classification:** The age category for a pair or team is determined by the age of the oldest athlete in the group. If a complete team of three from the same age category cannot be formed, the entire team must compete in the division of its oldest member.



## Pair Poomsae

Category	Poomsae	Max Number of pair per team
Under 12	Taegeuk Ee, Sam & Sah Jang	3
Over 12	Taegeuk Sah , Oh, Yuk Jang	3

## Team Poomsae

Category	Male	Female	Max number of team per club
Under 12	Taegeuk Ee, Sam, Sah Jang	Taegeuk Ee, sam & Sah Jang	3
Over 12	Oh, Yuk, Tchil Jang	Oh, Yuk, Tchil Jang	3

### 7.1.3 Creative Poomsae

In addition to the main competition, all teams are invited to participate in a special Creative Poomsae Showcase. This event will take place during the closing ceremony.

Creative Poomsae	Male	Female
Maximum number of participants per team	1	1

## 7.2 KYORUGI

### 7.2.1 Athlete Classification

Kyorugi competition divisions will be determined based on the athlete's age, weight, and height. It is mandatory to submit accurate details during registration.

- **Verification:** All athlete details will be verified during the on-site accreditation process.
- **Disqualification:** Failure to be present for the confirmation of age, weight, and height will result in immediate disqualification from the competition.

### 7.2.2 Competition Draws

The Kyorugi competition brackets (charts) will be published on our official WhatsApp channel on May 2nd at 7:00 AM.



## 8.0 REGISTRATION AND PAYMENT

### 8.1 Online Registration

All individual and team registrations must be completed online during the designated registration period.

**Platform: Register at:** The *registration link shall be shared on our whatsapp channel April 6. Join our Damek Tkd Whatsapp channel so you are first to know*

(<https://whatsapp.com/channel/0029VawBbHvCxoAw1o1X1I1T>).

- **Deadline:** The registration deadline is April 23rd
- **Capacity:** The event has a strict capacity of 150 Kyorugi athletes.
- **Closure:** The registration portal will close automatically once this capacity is reached, or on the deadline date—whichever occurs first.
- **On-Site Registration:** Please note that no on-site registrations will be accepted.

### 8.2 Payment Unit

Event	Price	
Kyeorugi	# 8,000	Per athlete
Individual Poomsae	# 8,000	Per athlete
Pair Poomsae	# 10,000	Per pair
Team Poomsae	# 10,000	Per team
Creative Poomsae	Free	Free

## 8.3 Payment Information

- **Advance Payment:** All entry fees must be paid in full before the registration deadline of April 23rd.
- **No Refunds:** Please note that there will be **NO REFUNDS** for this event under any circumstances.

### Bank Details:

- **Bank Name:** Zenith Bank
- **Account Name:** Damek Solution Ltd
- **Account Number:** *1311353621*

## 9.0 AWARDS AND RESULTS

- **Day 1 Awards:** Medals and awards for Day 1 competitions will be presented at 1:00 PM, immediately following the conclusion of the day's events.
- **Day 2 Awards:** Medals and awards for Day 2 competitions will be presented during the official Closing Ceremony.
- **Results Publication:** The full results and final medal table will be published on the Damek TKD WhatsApp channel and official website by 7:00 PM on May 2nd.



## 10.0 SCHEDULE

### SUBJECT TO CHANGE

Date	Time	Activity	Event
April 23  DAY 1, (MAY 1 2026)	11 : 59pm	Registration Deadline	Online Registration Closes No Extension
	7 : 00am	Poomsae Draw Published	Bracket Released on Whatsapp Channel
	8:00 - 8:45am	Technical Meeting	Mandatory for all Coaches
	9:00 - 10:30am	Individual Poomsae	5-8, 9-12, 13-15, 15+
	10:30 - 10:45am	Break	
	10:45 - 11:30am	Pair Poomsae	Under 12 and Over 12 Divisions
	11:30 - 11:50am	Team Poomsae	Under 12 and Over 12 Divisions
	12:05 - 12:20pm	Poomsae Medal Presentation	Medals Presented for Day 1 Events
	12:30 - 4:00pm	Accreditation for Kyeorugi	Credential Collection and Verification at Venue

DAY 2, (MAY 2 2026)	7 : 00am	Kyeorugi Draw Published	Brackets Released on Damek TKD Whatsapp Channel
	8:00 - 8:30am	Technical Meeting	Mandatory for all Coaches
	8:30 - 8:45am	Warm Up	Competition Areas and Designated Warm Up Zones Open
	9:00 - 2:00pm	Kyeorugi	Single Elimination Brackets Throughout The Day
	3:00 - 4:00pm	Closing Ceremony	Includes Creative Poomsae Showcase and Day 2 Awards
	7:00pm	Results Published	Full Results and Medal Table Released Online

## 11.0. MEDIA RELEASE AND CONSENT

By participating in the Damek Event, you automatically agree to the following terms:

I hereby grant permission to Damek Solution Ltd and Damek Taekwondo (collectively, "Damek"), as well as any authorized third parties, to film, videotape, and photograph me (or my child/ward) during the event. This includes the recording of my name, image, picture, likeness, voice, and biographical information (collectively, the "Footage").

I grant Damek and its assigns the irrevocable, perpetual, worldwide, and fully paid-up right and license to use, reproduce, and distribute the Footage in any media format, whether now known or hereafter devised. This includes the right to authorize third parties to do the same. The Footage may be used for the following purposes:

- News and information reporting
- Promotion of the specific competition(s) in which I participate
- Promotion of the athletes and teams involved
- General promotion of Damek Taekwondo

Damek agrees that the Footage shall not be used in any manner that would imply my direct endorsement of any specific company, product, or service without my explicit written permission. Such permission shall not be unreasonably withheld, delayed, or conditioned, provided the proposed association does not create a conflict with my existing sponsorships. I acknowledge that Damek shall retain all right, title, and interest in the Footage, including any and all results and proceeds derived from its use. I acknowledge that the programming or media in which the Footage appears may contain advertising or sponsor content. By agreeing to these terms, I confirm that I have read and fully understand this Media Release.

## 12.0 VOLENTI NON FIT INJURIA (Assumption of Risk)

The athlete and their parent or guardian acknowledge that participation in the Damek Open carries inherent risks of injury. By downloading and/or reading this agreement, they voluntarily assume all such risks and waive any and all claims against Damek, its officials, and affiliates for injuries sustained during the competition.



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